

INSTRUCTION

Adjusted School Week

The adjusted school week is authorized to encourage school level staff development team planning and in-service training activities. Implementation of the adjusted school week in any school shall follow the steps below:

1. Establish number of minutes in standard school day as provided in Policy 6112--School Day.
2. Establish number of minutes in the school week by multiplying school day by five.
3. Establish a schedule providing for not less than minimum school day as provided in California Education Code Sections 46112 and 46113. The minimum day for grades 1, 2, and 3 is 230 minutes. The minimum day for grades 4, 5, 6, 7 and 8 is 240 minutes. The kindergarten schedule shall not be adjusted.
4. Subtract the number of minutes for the adjusted day schedule (step 3) from the total number of minutes of instruction per week (step 2) and divide remainder by 4.
5. Establish a four (4) non-adjusted day schedule to provide the number of minutes of instruction indicated by step 4.

The adoption of the adjusted school week schedule shall not result in any reduction in the number of minutes of instruction provided during a regular five -day week. The beginning and ending time for the four non-adjusted days shall be the same for each day. The adjusted schedule shall comply with the legal minimum day.

Schools wishing to implement the Adjusted School Week, as described in the negotiated contract, must file a program plan with the Superintendent and secure authorization for the plan. The program plan shall include:

1. An explanation of how the number of minutes of instruction as required in Policy 6112 is being achieved.
2. A detailed schedule for each grade level, showing instructional time blocks, recess periods, and the lunch period for each day of the week.
3. An analysis and explanation of how the program plan will interface with the school and District base plans.

Inservice activities offering college credit or District credit shall not start earlier than one hour after the last class of the regular scheduled class at the school.

Reference: Board Policy 6112

Policy

Adopted: June 26, 1975

Revised Policy

Adopted: July 28, 1983

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Adopted: April 13, 1989